

| No. | Ingredient | Benefits | Best For | Allergy Concern |
|-----|-------------------------------|---|--|--|
| 1 | Hyaluronic Acid | Attracts up to 1000x its weight in water, leaving skin plump, smooth, and deeply hydrated. | Dry, dehydrated, or mature skin needing intense moisture. | Very low risk; widely tolerated by all skin types. |
| 2 | Niacinamide | Improves uneven skin tone, reduces enlarged pores, and strengthens the skin barrier. | Combination, oily, or acne-prone skin with enlarged pores or dullness. | May cause mild flushing in high concentrations. |
| 3 | Centella Asiatica | Boosts antioxidant activity and promotes skin healing, especially after irritation or damage. | Sensitive, red, or damaged skin needing calm and repair. | Low risk; suitable for reactive skin types. |
| 4 | Propolis | A natural antibacterial that speeds up skin healing and soothes inflammation. | Blemish-prone, dull, or irritated skin. | Avoid if allergic to bee products. |
| 5 | Ginseng | Energizes tired skin, improves elasticity, and boosts circulation for a youthful glow. | Mature, tired, or stressed skin. | Low risk; test if sensitive to herbal extracts. |
| 6 | Snail Mucin | Encourages cell regeneration, smooths texture, and visibly reduces post-acne marks. | Dry, sensitive, or textured skin with blemish marks. | Low risk, but avoid if allergic to mollusks. |
| 7 | Green Tea | Packed with catechins that reduce inflammation and control oil production. | Oily, acne-prone, or sensitive skin. | Very low; safe for most skin types. |
| 8 | Mugwort | Contains calming flavonoids that relieve irritation and redness from acne or eczema. | Reactive or inflamed skin in need of soothing. | Low; patch test advised for plant-sensitive users. |
| 9 | Licorice Root Extract | Gently fades dark spots by inhibiting melanin and brightens dull complexions. | Pigmented, sensitive, or uneven-toned skin. | Rarely causes irritation; safe for daily use. |
| 10 | Galactomyces Ferment Filtrate | Balances sebum, tightens pores, and brightens skin with probiotics. | Uneven, oily, or textured skin. | May not suit users sensitive to fermented products. |
| 11 | Bee Venom | Stimulates skin repair and mimics collagen-boosting peptides. | Mature or slack skin lacking firmness. | Avoid if allergic to bee stings. |
| 12 | Adenosine | A gentle anti-aging molecule that smooths lines and enhances elasticity. | Skin showing early signs of aging or fine lines. | Very low; safe for most users. |
| 13 | Allantoin | Softens and protects skin by promoting gentle exfoliation and barrier repair. | Sensitive or irritated skin prone to dryness. | Rare but possible sensitivity to urea-derived ingredients. |

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| 14 | Madecassoside | A bioactive from Centella that reduces inflammation and rebuilds weakened skin. | Stressed, inflamed, or rosacea-prone skin. | Extremely low risk; very gentle. |
| 15 | Arbutin | Targets melanin production to lighten dark spots without irritation. | Hyperpigmentation, sun damage, or dull skin. | Safe alternative to hydroquinone; patch test advised. |
| 16 | Collagen | Helps restore skins firmness and bounce by replenishing moisture. | Dry or aging skin with reduced elasticity. | May cause sensitivity in users allergic to marine or bovine sources. |
| 17 | Ceramides | Strengthen the skin barrier and prevent moisture loss. | Dry, flaky, or eczema-prone skin. | Very low risk; essential for skin health. |
| 18 | Tea Tree Oil | Fights acne-causing bacteria and reduces active breakouts. | Acne-prone, congested, or oily skin. | Can be sensitizing if overused; dilute in formulations. |
| 19 | Beta-Glucan | Hydrates deeply and enhances skins ability to heal and defend itself. | Dry, stressed, or red skin needing moisture. | Low; derived from oats or yeast. |
| 20 | Vitamin C (Ascorbic Acid) | Brightens the skin, evens tone, and stimulates collagen production. | Pigmented, dull, or aging skin. | Can sting on sensitive skin; start with low concentration. |
| 21 | Ferulic Acid | Stabilizes and boosts the efficacy of Vitamin C and E, offering superior antioxidant protection. | Skin exposed to pollution, sun damage, or oxidative stress. | Low risk; patch test recommended with Vitamin C combos. |
| 22 | Bifida Ferment Lysate | Enhances skin microbiome, strengthens the barrier, and improves resilience. | Sensitive, mature, or damaged skin. | May not suit those sensitive to fermented ingredients. |
| 23 | Panthenol (Vitamin B5) | Deeply hydrates and reduces inflammation while supporting skin barrier repair. | Dry, flaky, or irritated skin. | Rare allergic responses; very gentle. |
| 24 | Houttuynia Cordata | Anti-inflammatory and purifying; controls sebum and reduces acne. | Acne-prone, oily, or congested skin. | Low; herbal sensitivity possible. |
| 25 | Sea Buckthorn | Rich in Vitamin C and omega fatty acids; brightens and nourishes skin. | Dull, dry, or aging skin needing glow. | Low; patch test for fruit-based extracts. |

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| 26 | Rice Bran Extract | Softens skin, enhances brightness, and soothes inflammation. | Sensitive, uneven-toned, or dry skin. | Low; typically well-tolerated. |
| 27 | Yuja (Citron) | Brightens complexion and delivers a burst of antioxidants and Vitamin C. | Dull or pigmented skin in need of a glow boost. | Citrus sensitivity possible. |
| 28 | Pearl Extract | Brightens the skin and supports collagen regeneration. | Tired, dull, or mature skin. | Check for shellfish sensitivity. |
| 29 | Charcoal | Detoxifies and unclogs pores by absorbing impurities and excess sebum. | Oily or acne-prone skin. | Very low; non-reactive. |
| 30 | Bamboo Water | Lightweight hydration and soothing properties. | All skin types, especially dehydrated skin. | Rare; natural and gentle. |
| 31 | Lactobacillus Ferment | Improves skin immunity and maintains a healthy microbiome. | Reactive or barrier-damaged skin. | Safe for most, but fermented extract caution advised. |
| 32 | Salicylic Acid (BHA) | Penetrates pores to exfoliate and clear acne-causing debris. | Oily, acne-prone, or blackhead-prone skin. | Avoid with aspirin allergy or overuse on dry skin. |
| 33 | Gluconolactone (PHA) | Gently exfoliates and hydrates without irritating the skin. | Sensitive or dehydrated skin that can't tolerate AHAs. | Low risk; suitable for most. |
| 34 | Lactic Acid (AHA) | Refines skin texture and increases hydration while exfoliating. | Dry or rough-textured skin. | Mild tingling may occur; test sensitivity. |
| 35 | Peptides | Support collagen production and firm the skin over time. | Mature skin with fine lines or loss of elasticity. | Very low risk. |
| 36 | Turmeric Extract | Reduces inflammation and evens skin tone with natural antioxidants. | Pigmented or acne-prone skin. | Low; botanical sensitivity possible. |
| 37 | Witch Hazel | Tightens pores and reduces excess oil and inflammation. | Oily or breakout-prone skin. | Can be drying or irritating for dry skin types. |
| 38 | Squalane | Lightweight oil that locks in moisture and balances skin. | All skin types, including oily and sensitive. | Low; olive-derived forms widely used. |
| 39 | Shea Butter | Deeply nourishes and softens the skin with rich emollients. | Very dry, flaky, or winter-affected skin. | Avoid if allergic to tree nuts. |

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| 40 | Honey Extract | Naturally antibacterial and hydrates deeply. | Dry, acne-prone, or irritated skin. | Low risk; avoid in bee product allergies. |
| 41 | Volcanic Ash | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 42 | Kaolin Clay | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 43 | Rose Water | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 44 | Cucumber Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 45 | Camellia Oil | Deeply moisturizes and nourishes the skin | Dry or mature skin | Possible sensitivity for acne-prone skin |
| 46 | Birch Sap | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 47 | Black Soybean | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 48 | Evening Primrose | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 49 | Baobab Seed Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 50 | Pine Mushroom | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 51 | Lavender Oil | Deeply moisturizes and nourishes the skin | Dry or mature skin | Possible sensitivity for acne-prone skin |
| 52 | Ginger Root Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 53 | Moringa Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 54 | Sunflower Seed Oil | Deeply moisturizes and nourishes the skin | Dry or mature skin | Possible sensitivity for acne-prone skin |
| 55 | Horse Oil | Deeply moisturizes and nourishes the skin | Dry or mature skin | Possible sensitivity for acne-prone skin |

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| 56 | Oat Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 57 | Tomato Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 58 | Apple Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 59 | Algae Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 60 | Cloudberry Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 61 | Tremella Mushroom | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |
| 62 | Macadamia Oil | Deeply moisturizes and nourishes the skin | Dry or mature skin | Possible sensitivity for acne-prone skin |
| 63 | Calendula | Hydrates and improves skin elasticity | All skin types | Minimal, usually well-tolerated |
| 64 | Eggplant Extract | Soothes and calms inflammation | Sensitive or red skin | Low risk, but patch test recommended |