

No.	Ingredient	Benefits	Best For	Allergy Concern
1	Hyaluronic Acid	Attracts up to 1000x its weight in water, leaving skin plump, smooth, and deeply hydrated.	Dry, dehydrated, or mature skin needing intense moisture.	Very low risk; widely tolerated by all skin types.
2	Niacinamide	Improves uneven skin tone, reduces enlarged pores, and strengthens the skin barrier.	Combination, oily, or acne-prone skin with enlarged pores or dullness.	May cause mild flushing in high concentrations.
3	Centella Asiatica	Boosts antioxidant activity and promotes skin healing, especially after irritation or damage.	Sensitive, red, or damaged skin needing calm and repair.	Low risk; suitable for reactive skin types.
4	Propolis	A natural antibacterial that speeds up skin healing and soothes inflammation.	Blemish-prone, dull, or irritated skin.	Avoid if allergic to bee products.
5	Ginseng	Energizes tired skin, improves elasticity, and boosts circulation for a youthful glow.	Mature, tired, or stressed skin.	Low risk; test if sensitive to herbal extracts.
6	Snail Mucin	Encourages cell regeneration, smooths texture, and visibly reduces post-acne marks.	Dry, sensitive, or textured skin with blemish marks.	Low risk, but avoid if allergic to mollusks.
7	Green Tea	Packed with catechins that reduce inflammation and control oil production.	Oily, acne-prone, or sensitive skin.	Very low; safe for most skin types.
8	Mugwort	Contains calming flavonoids that relieve irritation and redness from acne or eczema.	Reactive or inflamed skin in need of soothing.	Low; patch test advised for plant-sensitive users.
9	Licorice Root Extract	Gently fades dark spots by inhibiting melanin and brightens dull complexions.	Pigmented, sensitive, or uneven-toned skin.	Rarely causes irritation; safe for daily use.
10	Galactomyces Ferment Filtrate	Balances sebum, tightens pores, and brightens skin with probiotics.	Uneven, oily, or textured skin.	May not suit users sensitive to fermented products.
11	Bee Venom	Stimulates skin repair and mimics collagen-boosting peptides.	Mature or slack skin lacking firmness.	Avoid if allergic to bee stings.
12	Adenosine	A gentle anti-aging molecule that smooths lines and enhances elasticity.	Skin showing early signs of aging or fine lines.	Very low; safe for most users.
13	Allantoin	Softens and protects skin by promoting gentle exfoliation and barrier repair.	Sensitive or irritated skin prone to dryness.	Rare but possible sensitivity to urea-derived ingredients.

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14	Madecassoside	A bioactive from Centella that reduces inflammation and rebuilds weakened skin.	Stressed, inflamed, or rosacea-prone skin.	Extremely low risk; very gentle.
15	Arbutin	Targets melanin production to lighten dark spots without irritation.	Hyperpigmentation, sun damage, or dull skin.	Safe alternative to hydroquinone; patch test advised.
16	Collagen	Helps restore skin's firmness and bounce by replenishing moisture.	Dry or aging skin with reduced elasticity.	May cause sensitivity in users allergic to marine or bovine sources.
17	Ceramides	Strengthen the skin barrier and prevent moisture loss.	Dry, flaky, or eczema-prone skin.	Very low risk; essential for skin health.
18	Tea Tree Oil	Fights acne-causing bacteria and reduces active breakouts.	Acne-prone, congested, or oily skin.	Can be sensitizing if overused; dilute in formulations.
19	Beta-Glucan	Hydrates deeply and enhances skin's ability to heal and defend itself.	Dry, stressed, or red skin needing moisture.	Low; derived from oats or yeast.
20	Vitamin C (Ascorbic Acid)	Brightens the skin, evens tone, and stimulates collagen production.	Pigmented, dull, or aging skin.	Can sting on sensitive skin; start with low concentration.
21	Ferulic Acid	Stabilizes and boosts the efficacy of Vitamin C and E, offering superior antioxidant protection.	Skin exposed to pollution, sun damage, or oxidative stress.	Low risk; patch test recommended with Vitamin C combos.
22	Bifida Ferment Lysate	Enhances skin microbiome, strengthens the barrier, and improves resilience.	Sensitive, mature, or damaged skin.	May not suit those sensitive to fermented ingredients.
23	Panthenol (Vitamin B5)	Deeply hydrates and reduces inflammation while supporting skin barrier repair.	Dry, flaky, or irritated skin.	Rare allergic responses; very gentle.
24	Houttuynia Cordata	Anti-inflammatory and purifying; controls sebum and reduces acne.	Acne-prone, oily, or congested skin.	Low; herbal sensitivity possible.
25	Sea Buckthorn	Rich in Vitamin C and omega fatty acids; brightens and nourishes skin.	Dull, dry, or aging skin needing glow.	Low; patch test for fruit-based extracts.

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26	Rice Bran Extract	Softens skin, enhances brightness, and soothes inflammation.	Sensitive, uneven-toned, or dry skin.	Low; typically well-tolerated.
27	Yuja (Citron)	Brightens complexion and delivers a burst of antioxidants and Vitamin C.	Dull or pigmented skin in need of a glow boost.	Citrus sensitivity possible.
28	Pearl Extract	Brightens the skin and supports collagen regeneration.	Tired, dull, or mature skin.	Check for shellfish sensitivity.
29	Charcoal	Detoxifies and unclogs pores by absorbing impurities and excess sebum.	Oily or acne-prone skin.	Very low; non-reactive.
30	Bamboo Water	Lightweight hydration and soothing properties.	All skin types, especially dehydrated skin.	Rare; natural and gentle.
31	Lactobacillus Ferment	Improves skin immunity and maintains a healthy microbiome.	Reactive or barrier-damaged skin.	Safe for most, but fermented extract caution advised.
32	Salicylic Acid (BHA)	Penetrates pores to exfoliate and clear acne-causing debris.	Oily, acne-prone, or blackhead-prone skin.	Avoid with aspirin allergy or overuse on dry skin.
33	Gluconolactone (PHA)	Gently exfoliates and hydrates without irritating the skin.	Sensitive or dehydrated skin that can't tolerate AHAs.	Low risk; suitable for most.
34	Lactic Acid (AHA)	Refines skin texture and increases hydration while exfoliating.	Dry or rough-textured skin.	Mild tingling may occur; test sensitivity.
35	Peptides	Support collagen production and firm the skin over time.	Mature skin with fine lines or loss of elasticity.	Very low risk.
36	Turmeric Extract	Reduces inflammation and evens skin tone with natural antioxidants.	Pigmented or acne-prone skin.	Low; botanical sensitivity possible.
37	Witch Hazel	Tightens pores and reduces excess oil and inflammation.	Oily or breakout-prone skin.	Can be drying or irritating for dry skin types.
38	Squalane	Lightweight oil that locks in moisture and balances skin.	All skin types, including oily and sensitive.	Low; olive-derived forms widely used.
39	Shea Butter	Deeply nourishes and softens the skin with rich emollients.	Very dry, flaky, or winter-affected skin.	Avoid if allergic to tree nuts.

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40	Honey Extract	Naturally antibacterial and hydrates deeply.	Dry, acne-prone, or irritated skin.	Low risk; avoid in bee product allergies.
41	Volcanic Ash	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
42	Kaolin Clay	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
43	Rose Water	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
44	Cucumber Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
45	Camellia Oil	Deeply moisturizes and nourishes the skin	Dry or mature skin	Possible sensitivity for acne-prone skin
46	Birch Sap	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
47	Black Soybean	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
48	Evening Primrose	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
49	Baobab Seed Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
50	Pine Mushroom	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
51	Lavender Oil	Deeply moisturizes and nourishes the skin	Dry or mature skin	Possible sensitivity for acne-prone skin
52	Ginger Root Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
53	Moringa Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
54	Sunflower Seed Oil	Deeply moisturizes and nourishes the skin	Dry or mature skin	Possible sensitivity for acne-prone skin
55	Horse Oil	Deeply moisturizes and nourishes the skin	Dry or mature skin	Possible sensitivity for acne-prone skin

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56	Oat Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
57	Tomato Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
58	Apple Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
59	Algae Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
60	Cloudberry Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
61	Tremella Mushroom	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended
62	Macadamia Oil	Deeply moisturizes and nourishes the skin	Dry or mature skin	Possible sensitivity for acne-prone skin
63	Calendula	Hydrates and improves skin elasticity	All skin types	Minimal, usually well-tolerated
64	Eggplant Extract	Soothes and calms inflammation	Sensitive or red skin	Low risk, but patch test recommended